

AUGUST

2019 CARE WELL CALENDAR

Small acts of caring make a big difference.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4 National Friendship Day	5 Text a supportive message to a friend who is going through a rough time.	6	7	8	9 Surprise a friend or a loved one with a small goodie bag filled with their favorite treats.	10
11	12	13 Invite a suffering friend to share their pain. Ask, "What worries you most?" or just listen to their story.	14	15	16	17 Commit to contacting a grieving person once a week for three months.
18 Offer to babysit for a family's young children so parents can attend school orientation.	19	20	21	22	23 Take a child shopping for back-to-school supplies.	24
25	26 Write a note of encouragement to a teacher who will soon head back to school.	27	28	29 Have coffee with a friend whose child has left for college.	30	31

Visit WISDOMoftheWOUNDED.com/care-well-calendar for calendar downloads.

Love one another with brotherly affection.
Outdo one another in showing honor.
Romans 12:10