

12 WAYS TO BE A FRIEND

to the Terminally Ill



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When you visit ask, "What would you like to talk about today?" 2

Pray for someone fighting a hard battle.

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Even though it's emotionally difficult, let the person talk about dying.

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Bring your friend a small glass heart or cross to remind them of God's love.

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Bring cookies to a Hospice House.

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Send an encouraging text to someone who's had a hard month.

7

Ask their nurse,
"How can I be of help
to my friend?"

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Human touch is important. Gently massage your friend's hands.

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Sit in companionable silence. Your presence is all that's needed.

10

Find a way to relieve a full-time caregiver.

Ask "What worries you the most?"

12

Thank your ill friend for a happy memory that you have shared.