

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things and the God of peace will be with you. *Philippians 4:8-9*

# MARCH

## 2019 CARE WELL CALENDAR

*Small acts of caring make a big difference.*



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> National Read Across America Day	<b>2</b>
<b>3</b> Invite a child to read to you.	<b>4</b>	<b>5</b>	<b>6</b> Ash Wednesday	<b>7</b> Surprise your pastor with a gift or a note!	<b>8</b>	<b>9</b> Read to a person in a nursing home.
<b>10</b>	<b>11</b> Offer a hug or a handclasp to someone who is suffering; touch is important for healing.	<b>12</b>	<b>13</b>	<b>14</b> Today, give encouragement, forgiveness or respect to someone who needs it most.	<b>15</b>	<b>16</b>
<b>17</b> Compliment someone who provides service to you.	<b>18</b>	<b>19</b>	<b>20</b> Are you in management? Write a handwritten note of thanks to your team members.	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b> Thank your children for the jobs they do around the house.	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b> For Lent, consider "giving up" negativism, selfishness, or complaining.	<b>30</b>
<b>31</b>						

**+**  
**MARCH IS RED CROSS MONTH**  
Donate blood, or volunteer at your company's blood drive.