



# THE 2018 CARE WELL CHALLENGE

# MAY



## BEING A FRIEND TO THE TERMINALLY ILL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> Pray for someone fighting a hard battle.	<b>2</b>	<b>3</b> Bring cookies to a Hospice House.	<b>4</b> Ask "What worries you the most?"	<b>5</b>
<b>6</b>	<b>7</b> Even though it's emotionally difficult, let the person talk about dying.	<b>8</b>	<b>9</b> Send an encouraging text to someone who's had a hard month.	<b>10</b>	<b>11</b>	<b>12</b> Human touch is important. Gently massage your friend's hands.
<b>13</b>	<b>14</b>	<b>15</b> Ask their nurse, "How can I be of help to my friend?"	<b>16</b>	<b>17</b> Bring your friend a small glass heart to remind them of God's love.	<b>18</b>	<b>19</b> Find a way to relieve a full-time caregiver.
<b>20</b>	<b>21</b> Sit in companionable silence. Your presence is all that's needed.	<b>22</b>	<b>23</b> Call and thank your ill friend for a happy memory that you have shared.	<b>24</b>	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		

LET EACH OF YOU LOOK NOT ONLY TO HIS OWN INTERESTS, BUT ALSO TO THE INTERESTS OF OTHERS. PHIL. 2:4



WHEN YOU VISIT ASK, "WHAT WOULD YOU LIKE TO TALK ABOUT TODAY?"



Visit [WISDOMoftheWOUNDED.com/care-well-challenge](http://WISDOMoftheWOUNDED.com/care-well-challenge) for calendar updates and downloads.