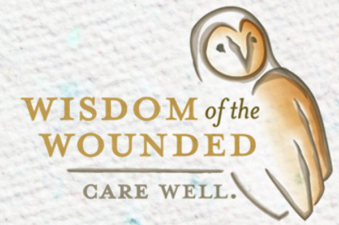




# THE 2018 CARE WELL CHALLENGE




# APRIL

We all have different gifts, according to the grace given to each of us.  
Romans 12:6

## FORGING FRIENDSHIPS WITH PEOPLE OF ALL ABILITIES



Offer to spend time with a person who needs a companion so their primary caregiver can go out alone.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Put the person first. For example, say, "She has a daughter with autism," not "She has an autistic daughter."	3	4 Respect a person's dignity by addressing them directly, even if they can't verbally reply to you.	5	6	7 Offer to accompany a family with a child with special needs on an outing.
8	9	10 Don't assume someone with a disability needs help. If they appear to be struggling ask, "May I help?"	11	12  World Autism Awareness Day	13 Remember: A person with a disability has thoughts, feelings and abilities.	14
15 The next time you see someone with a disability, make eye contact and smile -- even if they can't speak.	16	17	18	19 Not sure how to communicate with a child who has an intellectual disability? Ask her parents.	20	21
22 See each person you meet as gifted by God.	23	24	25	26	27	28
29	30					

Talk to the person in an age-appropriate way. Don't baby-talk to a grade-schooler or teen.



Visit [WISDOMoftheWOUNDED.com/care-well-challenge](http://WISDOMoftheWOUNDED.com/care-well-challenge) for calendar updates and downloads.